

Week 3

Summer Menu



Mon	Tue	Wed	Thu	Fri
	TASTE OF AFRICA	ASIAN FLAVOURS		FISH & CHIP SHOP
	Beef Bobotie with Raisin and Apricots (G,Su,So,E)	Crispy Asian Sweet Chilli Chicken (G,So,E)		Battered Fish Fillet (G,F) Jumbo Sausage Roll (G,Su,So,Mk)
	Nigerian BBQ Pork Stew with Fried Plantain	Szechuan Spiced Pork with Ginger Noodles (G,So,E)	Minced Beef and Short Crust Pastry Pie (G,Ce) with Mashed Potato and Carrots	Cheese and Bean Pattie (G,So,Mk,E) "Chip Butty" (G,Se,Mk) Sausage Dogs (G,Su,Se,Mu,E) Fish Finger Dogs (G,Se,F,E)
	West African Chickpea and Kale Curry (Mk)	Tofu and Mushroom Mapo Stir Fry (G,So,Mu)		Oven Baked Chips
	Jollof Rice	Shredded Asian Slaw (Su,So,Se)		Garden Peas Mushy Peas Baked Bean Curry Sauce (Mk)
	Tikel Gomen – Flavour Packed Ethiopian Cabbage, Carrots and Potatoes	Egg Noodles (G,E)	Homemade Vegetable Samosa with Curry Sauce (G,Mk), Steamed Rice and Chilli Mixed Vegetables (G,So)	Pickled Onions (Su), Buttered Rolls (G,Se,Mk), Pickled Gherkins (Su), Chunky Tartare sauce (Su,E) Ketchup and Lemon
		Coriander Steamed Rice		
		Spring Rolls (G,So,Mk,E,Ce)		



From £0.00

MAINS

Fresh Flavours

Katsu Breaded Chicken with Steamed Rice and Katsu Curry Sauce (G,So,E)

Katsu Breaded Sweet Potato with Steamed Rice and Katsu Curry Sauce (G,So,E)

From £0.00

GLOBAL EATS

MONDAY

Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

TUESDAY

Love Joes - Mediterranean Chicken Wrap (G,Su,Mk,E)

WEDNESDAY

Minced Beef Keema Curry with Peas and Rice

THURSDAY

Love Joes - 5 Spice Chicken Wrap (G,So,E)

FRIDAY

Fiery Jerk Chicken Burger with Pineapple (G,Su,Se)

From £0.00

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognese (G)

Tomato and Basil (G)
or
Mac 'n' Cheese (G,Mk)

Served with:

Home baked Garlic Bread (G,So,Mk)
Pesto (Mk)
Cheese (Mk)

From £0.00

DESSERT

MONDAY

Sticky toffee pudding (E,G,MK,SU)

TUESDAY

Lemon drizzle cake (E,G)

WEDNESDAY

Banana tea loaf
With chocolate sauce ((E,G,MK)

THURS

jam pudding (E,G,MK)

FRIDAY

,CARROT Cake (E,G,MK)

deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every week!

Look out for our

Theme Bars

JACKET POTATOES

WITH ALL THE BEST TOPPING!



SALAD BAR

Fresh every day packed with tasty choices!

MEAL DEAL

Check out what's on offer today!

Available for Free School Meals

ALLERGENS

with allergy symbols

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals containing Gluten
L = Lupin
Mk = Milk
Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.